

Clay City High School

OCT. 2022 LUNCH

Oct 7, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 CHILI DOG BAKED BEANS SEASONED FRIES PEARS JUICE VARIETY MILK	Oct - 4 CHICKEN NUGGETS BAKED POTATO CORN FRUIT SALAD SOFT PRETZEL W CHEESE JUICE VARIETY MILK	Oct - 5 BBQ PORK SEASONED WEDGES CARROTS APPLE SLICES JUICE VARIETY MILK	Oct - 6 CHICKEN & NOODLES ROLL,WG MASHED POTATOES GREEN BEANS PEACHES JUICE VARIETY MILK	Oct - 7 CHEESEBURGER FRENCH FRIES CAULIF/BROCC PUDDING CUP APPLESAUCE JUICE VARIETY MILK
Oct - 10 SALISBURY STEAK ROLL,WG MASHED POTATOES GREEN BEANS PEACHES JUICE VARIETY MILK	Oct - 11 NACHOS SUPREME REFRIED BEANS CORN PINEAPPLE JUICE VARIETY MILK	Oct - 12 PHILLY CHEESE SUB FRENCH FRIES BROCCOLI, FRESH PEARS JUICE VARIETY MILK	Oct - 13 CHILI w/ CRACKERS CRACKERS, WHEAT PB SANDWICH CARROTS & CELERY STICKS BLUEBERRY CRISP JUICE VARIETY MILK	Oct - 14 TEACHER IN-SERVICE DAY
Oct - 17 FALL BREAK	Oct - 18 FALL BREAK	Oct - 19 FALL BREAK	Oct - 20 FALL BREAK	Oct - 21 FALL BREAK
Oct - 24 GENERAL TSO CHICKEN/RICE CELERY STICKS VEGETABLE BLEND FORTUNE COOKIE MANDARIN ORANGES JUICE VARIETY MILK	Oct - 25 LASAGNA ROLL-UP SALAD W/ DRESSING GARLIC TOAST WG GREEN BEANS MIXED FRUIT JUICE VARIETY MILK	Oct - 26 CHICKEN ALFREDO GARLIC TOAST WG PEAS RED PEPPER STRIPS PINEAPPLE JUICE VARIETY MILK	Oct - 27 STEAK BITES CORN BREAD BAKED POTATO BROCCOLI&CHEESE STRAWBERRIES RICE KRISPY TREAT WG JUICE VARIETY MILK	Oct - 28 PORK FRITTER SCALLOPED POTATOTES BAKED BEANS LETTUCE & TOMATO PEARS JUICE VARIETY MILK
Oct - 31 PIZZA PATTY SANDWICH FISH SANDWICH TATOR TOTS RED PEPPER STRIPS PEACHES SUGAR COOKIE JUICE VARIETY MILK				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.